

St. Margaret Mary Alcoque and The 12 Promises of Grace

In 1675, St Margaret Mary Alcoque received apparitions from the Lord and during the fourth apparition the Lord revealed his Sacred Heart, declaring: "Behold this Heart which has so loved men, that it spared nothing, even going so far as to exhaust and consume itself, to prove to them its love. And in return I receive from the greater part of men nothing but ingratitude, by the contempt, irreverence, sacrileges and coldness with which they treat me in this Sacrament of Love."

Our Lord revealed to St. Margaret Mary 12 promises of help (grace) that He would give to those who honor his Sacred Heart.

1. I will give them all the graces necessary for their state of life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. They shall find in My Heart an assured refuge during life and especially at the hour of death.
5. I will pour abundant blessings on all their undertakings.
6. Sinners shall find in My Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall speedily rise to great perfection.
9. I will bless the homes in which the image of My Sacred Heart shall be exposed and honored.
10. I will give to priests the power to touch the most hardened hearts.
11. Those who propagate this devotion shall have their name written in My Heart, and it shall never be effaced.
12. The all-powerful love of My Heart will grant to all those who shall receive Holy Communion on the First Friday of nine consecutive months the grace of final repentance; they shall not die under My displeasure, not without receiving their Sacraments; My Heart shall be their assured refuge at that last hour.